

# *Lake Forest Skills Competition Rules Sheet*

## **Home Run Derby Rules:**

Each team will submit one player to participate in the home run derby competition.

Player may choose their pitcher. No pitching machines will be used.

Each batter in the Home Run Derby will be allowed 10 swings or 15 pitched balls, whichever comes first.

The 9 & 10 year olds will try to hit home runs from a temporary batters box located closer to second base. This will give the 9 & 10 year olds a fair chance to hit a home run over the home run fence. Only balls that are batted over the fence in fair territory are considered home runs.

The 11 year olds will try to hit home runs from the permanent batters box. Only balls that are batted over the fence in fair territory are considered home runs.

If there is a tie after each player has been allowed 15 pitched balls, the next round will consist of 5 pitched balls until a winner is determined.

An award will be presented to the baseball player who hit the most home runs in each age group.

## **Around The Horn Rules:**

This team competition consists of a player at every position on the field. The pitcher will begin with the ball on the pitching rubber. The clock will begin when the pitcher releases the ball to the catcher.

The order of throw is as follows:

1 (pitcher on the rubber) – 2 catcher (behind the plate) – 6 (covering 2<sup>nd</sup> base) – 9 (designated right field spot) – 3 (covering 1<sup>st</sup> base) – 4 (covering 2<sup>nd</sup> base) – 5 (covering third base) – 7 (designated left field spot) – 8 (designated outfield spot) – 1 (catcher behind the plate).

If a player fails to catch the ball at the designated area he/she must retrieve the ball and return to their designated area before making the next throw.

Each team will have two attempts at the Around the Horn competition. The faster of the two times will be used as their final score. Each player on the winning team (fastest time) will receive an award in each age group.